

Psychology

History of Psychology

- The word psychology is derived from the **Greek word: Psyche** (soul) + Logos (study) = Study of Soul
- The word “Psychology” means the **science of the mind**.
- Psychology originated from Philosophy.
- William Wundt established the first psychology laboratory in 1879 AD in Leipzig, Germany.
- The first experimental psychology laboratory in the USA was established by G. Stanley Hall in 1883 at Johns Hopkins University.
- In 1916, India’s first psychology laboratory was established at Calcutta University under the leadership of **Dr. N.N. Sen Gupta**.
- Father of Psychology - William Wundt
- The word ‘Psychology’ is used for the first time by **Rudolf Göckel**, German scholastic philosopher, in his book **Psychologia** published in **1590**.

Ideologies of the Psychology

Psychology of the Soul: 1st school of Psychology (-16th century)
Supporters: Plato, Aristotle, Descartes, Socrates, etc. **PADS**



The Science of the Mind: 2nd school of Psychology (17th-18th century)
Supporters: John Locke (Tabula Rasa- Blank State), Pampology, Thomas Reed, Immanuel Kant, etc.



Science of Consciousness: 3rd school of Psychology (19th century)
Supporters: William Wundt, E.B. Titchner, William James, etc.



Science of Behaviour: 4th school of Psychology (20th century-)
Most Important Ideology

Supporters: Watson, Woodworth, Skinner, etc.

Nature of Psychology

- Psychology is the **science of behaviour**- In psychology, all types of behaviour of humans and animals are studied.
- Psychology is a **psychosocial science**- The systematic study of the development of an individual is done through psychology. (Individual + Social)
- Psychology is an **art**- Through psychology, perfection and beauty come in the behaviour of a person.
- Psychology is the **science of development**- New dimensions of psychology are being revealed through various researches, hence psychology is the science of development.

Forces in Psychology

Three Forces:

- 1) Psychoanalytical Psychology of Sigmund Freud
- 2) Behaviourism of J.B. Watson
- 3) Humanistic Psychology of Carl Rogers

Important Facts-

Professor Bose founded the Indian Psychoanalytical Association in 1922. In 1951, Carl Rogers propounded client-centered therapy.

Definitions of Psychology

"First psychology lost its soul, then it lost its mind, then it lost its consciousness. It still has behaviour of a sort."	Woodworth
"Psychology is the study of behaviour in contact with the environment."	Woodworth

“Psychology is the pure science of behaviour.”	Watson
“Psychology is the science of behaviour and conduct.”	McDougall
“Psychology is the science of behaviour and experience.”	Skinner
“Psychology is the study of human behaviour and human relationships.”	Crow and Crow

The 20th century is called the century of the child. -Crow and Crow